

Anil and Sonam Kapoor meet Dalai Lama

•Written by Amit Bachchan•

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Anil spoke of his meeting with the Tibetan spiritual leader on the sidelines of an event on the occasion of World Compassion Day on Wednesday.

'I met him many years ago on a flight. I was going through one of my scripts and I was preparing for my role and the role required me to be kind, tolerant of religions and above all compassionate.

'I was reading my script and preparing, I just looked up and I saw a few monks sitting in front of me. In the midst of them, I saw the Dalai Lama,' the 52-year-old actor said.

'I thought I should not miss the opportunity. So I went up to him, knelt down and said 'Sir, please give me your blessings and please sign the script'. And, of course, he readily obliged.'

At the event on Wednesday, the Dalai Lama spoke on the importance of non-violence and vegetarianism.

Also present at the event were Sonam Kapoor, Anupam Kher and Raveena Tandon among others.

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