

Check-out the Secret of how Anil Kapoor still looks so young

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At the age of 55, the extremely talented actor Anil Kapoor still looks so young and healthy hearted. Have you ever wondered how Anil must be managing to look so young? Well today we tell you the secret of Anil Kapoor's all time fit & fine 'funda'

Well it's all thanks to his trainer Mike that Anil has still managed to looked very cool & young even at the age of 55. The actor has lost 8 Kilos' for his upcoming film Race 2; he has been getting trained by Mike.

Anil had to work very hard because he wanted to carry the same young look he had in the original film Race released in the year 2008. And to his credit and hard work Anil has managed to get the same look for the sequel as well.

Well Anil, no wonder you still look so young, as it's hard to believe you have a daughter Sonam Kapoor of 27 ages.